

Creative Aging

Fall 2014



Wartburg

Live Your Best Life.



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Honoring the Past, Celebrating the Present and Building the Future



Dear Friends,

As we begin to kick-off our 150th Anniversary Celebration, we are honoring the past, celebrating the present and building the future of premiere senior care.

We are **honoring the past** by remembering Rev. Dr. William A. Passavant's vision to provide a home for children orphaned by the Civil War. By enlisting the help of philanthropist William Moller, the first building of The Wartburg Orphans' Farm School, a safe haven for children, opened its doors in 1866.

We are **celebrating the present** by commemorating The Friedrichs Residence, which provides much needed affordable housing for those age 55 and over in lower Westchester County. The Friedrichs Residence was the City of Mount Vernon's first new construction project to achieve LEED (Leadership in Energy & Environmental Design) Gold Certification by the U.S. Green Building Council.

We are **building the future** by expanding our Home Health Care services to the New York metro area. Now with an office in Queens, Wartburg is providing those who want to age in place a team of caregivers to ensure they live their best senior life in the comfort and security of their home.

Most of all, we honor and celebrate you! Whether you are a resident, participant in one of our innovative programs, family member, generous donor, or corporate partner, you are helping Wartburg to build the future of premiere senior care for the next century. Thank you for your support.

Sincerely,

A handwritten signature in blue ink, appearing to read "D. J. Gentner".

David J. Gentner
President & CEO

Creative Aging & Lifelong Learning

PBS Documentary Series to Feature Wartburg's Creative Aging & Lifelong Learning Program this Fall

PBS's documentary series, *Visionaries*, will feature Wartburg's Creative Aging and Lifelong Learning Program in their 20th season this Fall. With the goal of inspiring vast audiences, serving as a catalyst for positive social change and promoting philanthropy on a global level, *Visionaries* chose Wartburg from over 125 similar non-profits nationwide. The selection was made because of our Creative Aging's unique model to stimulate our aging population through arts and music and our teaching artist bartering system.

"Wartburg is not Creatively Aging, it is Aging Creatively. This program has the ability to become the national model for other organizations to incorporate into their programs and affect a positive change to both the teaching artists and the students," said Bill Mosher, creator and producer of *Visionaries*. "Aging in America is a growing social issue and programs like Creative Aging are addressing the vital need to keep seniors active, particularly those with Alzheimer's or dementia."

Hosted by Sam Waterson of *Law & Order*, *Visionaries* has highlighted the rarely told stories of non-profit organizations all around the world that are working to make a positive difference in their community



and beyond. *Visionaries* profiles the extraordinary work of true philanthropists – people dedicating their lives and careers to the service of others while highlighting that one person can make a difference.

Wartburg's Creative Aging & Lifelong Learning offers programs that promote stimulating thought, excite the spirit and contribute to a more livable community for our aging population. Through a range of arts-based programs, our innovative approach provides an opportunity for self expression, a sense of accomplishment and increased self-esteem for our participants, many of whom have cognitive and physical impairments.

This initiative leverages existing community resources and an eager volunteer network to offer sustainable multi-week programs in a variety of art-based disciplines through the creation of "bartering

partnerships." The partnerships enable community artists to use Wartburg facilities after hours for practice in exchange for teaching classes to Wartburg residents and registrants on its campus.

In May 2014, Mr. Mosher, and his staff visited Wartburg's beautiful 34-acre campus in Mount Vernon and worked closely with Wartburg's board of directors, staff, volunteers and residents to film some of our award-winning, internationally-recognized Creative Aging & Lifelong Learning programs. Some of the classes filmed were puppet-making at the newly opened Adult Day Services, African drumming at our skilled nursing facility, a quilting circle at our affordable, independent living residence, dance therapy at our assisted living complex and watercolor painting in the Memory Care unit of assisted living, to name a few.



Margarita Godwin, a Wartburg Adult Day participant enjoys designing and creating her own puppet as part of our Creative Aging Program.

Watch the trailer featuring Wartburg's Creative Aging & Lifelong Learning Program on PBS's *Visionaries* scheduled to air this Fall at <http://vimeo.com/97454549>

Wartburg Care at Home



Wartburg's integrated and comprehensive spectrum of care at home now services Westchester and the New York Metro area.

Wartburg Expands Its Premium Home Health Care Services:

Because There Really is No Place Like Home

Living as independently as possible, for as long as possible: that's one goal we all share. At Wartburg, we offer seniors, or anyone who is recovering from an accident or injury, the high-quality services and support they need to live safely in their homes, while offering their loved ones a much-needed peace of mind.

Wartburg provides an integrated, comprehensive spectrum of both at-home and residential care services. Our continuing care approach means we can be here for your family – how, when and where you need us to be.

Wartburg Care at Home:
Our Licensed Home Care Service Agency office in New Rochelle, NY serves Westchester and a new office in Forest Hills, Queens, serves Manhattan, Brooklyn, Queens, the Bronx and Nassau.

“The goal of Wartburg Care at Home is to tailor the specific services needed by each senior, and to help them navigate the complex evolving changes in the nation's health care system,” said Mary Queally, RN, BSN, MBA, Administrator of Home Care at Wartburg and a certified geriatric care manager. “Whether a senior needs home health care just a few hours a week or requires comprehensive 24/7 care, we have seasoned, caring

professionals to meet those needs. Many of our professional nursing staff, are qualified by the Alzheimer's Association as dementia care specialists.”

A licensed home health care agency, Wartburg's Care at Home, recently opened a new office in Forest Hills, Queens, and is now serving seniors in Queens, Manhattan, the Bronx, Brooklyn and Nassau County. Care at Home provides temporary or ongoing assistance on an hourly, daily or live-in basis. Our Home Care team develops specialized plans tailored to meet the individual needs of those entrusted to our care.

Supervised by our nursing staff in partnership with the individual's personal physician, we provide assistance with activities of daily living, which include personal care, dressing, meal preparation, housekeeping and home safety. We also provide individualized health care plans that may include professional nursing services, physical, occupational and speech therapy, as well as nutritional guidance; companion services to medical appointments, shopping and recreation; bath and breakfast and tuck-in services.

Our programs accept commercial insurance plans, long-term care insurance and private pay.

“The expansion into Queens, surrounding boroughs and county, builds on the success of our home care services in Westchester,” said



Wartburg's home health care approach means we are here for your every need.

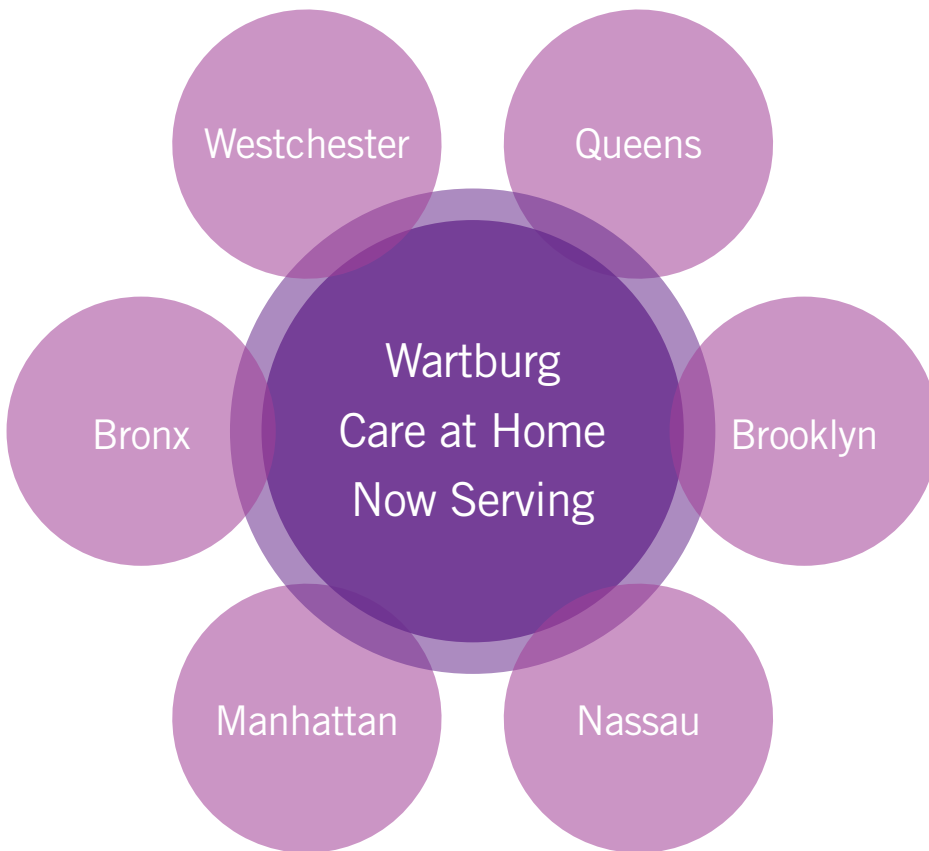
David Gentner, President & CEO of Wartburg. “While we have a beautiful 34-acre campus with new adult day services and rehabilitation facilities, as well as assisted and

independent living residences, home care is at the core of our vision – to keep older adults in their homes as they age.”

Wartburg Home Care:
A Certified Home Health Agency serving Westchester and the Bronx.

Available in Westchester County and the Bronx, Wartburg Home Care is a New York State Certified Home Health Agency (CHHA), a designation reserved only for agencies that meet strict guidelines for staff quality, training and supervision.

Wartburg’s CHHA team is led by a registered nurse who coordinates all care and services under the direction of a physician to provide seniors with excellent care, every step of the way. This may include skilled nursing; physical, occupational and speech therapy; home health aides and nutritional counseling.



“Life is beautiful. I feel very good, and very secure in my home with the help I received. My aides come every day. They help me with the basics: cooking, cleaning, getting washed and dressed. We do go out from time to time. And the beautiful nurse and my social worker come in to check on me.”
– James A. Williams

Faith Matters

Wartburg: A Place of Refuge and Strength

“As we look forward to celebrating Wartburg’s 150th Anniversary, we are planning some wonderful events! I would like to take this opportunity to personally invite everyone to join me on a Wartburg trip to Luther sites in Germany, planned for May 2015,” exclaims Rev. Carol Fryer, Wartburg Director of Spiritual Care and Church Relations and Pastor of United Lutheran Church, the congregation that calls the Wartburg Chapel home.

The 10-day trip will include visits to the cities of Berlin, Wittenberg, Leipzig, Erfurt and Dresden in Germany and Prague in the Czech Republic. The centerpiece of the trip will be visiting the Wartburg Castle, our namesake, overlooking the town of Eisenach in Thuringia, Germany. Ludwig the Leaper began

building the Wartburg Castle in 1170. It was the home of Elizabeth, now known today as St. Elizabeth of Hungary. Elizabeth was recognized for her extraordinary love and care for the poor and sick. The Wartburg Chapel, located on our historic 34-acre campus in Mount Vernon, NY, possesses two breathtakingly beautiful hand-painted murals depicting scenes from the life of St. Elizabeth, similar to those you will see at the Wartburg Castle in Germany.

In 1521, Martin Luther, whose life was in danger, found refuge at Wartburg Castle. For ten months, he hid there disguised as “Squire George.” During that time, Luther translated the New Testament from Greek into German so that common people could read the Bible in their own language for the first time.

Today, the beautifully restored



Wartburg Castle is a United Nations Educational, Scientific and Cultural Organization (UNESCO) World Heritage site.⁽¹⁾ Though it is not exactly a fortress, one cannot help think that Luther may have been influenced by his time there when he wrote his most famous hymn, “A Mighty Fortress is our God!” based on Psalm 46, “*God is our refuge and strength, a very present help in trouble.*”

Luther certainly knew times of trouble and fear. In his protests against certain teachings of the church of his day, Luther consistently held up his belief that God’s love in Jesus Christ would prevail against every form of sin, wickedness, disease and death. He lived boldly within that confidence. As we continue to carry out our mission here at Wartburg, may we live with that same boldness and confidence!

⁽¹⁾As a UNESCO World Heritage site, the Wartburg Castle has been identified, will be protected and continue to be preserved as a cultural site considered to be of outstanding value to humanity.



Photos: (Top Right) Rev. Carol Fryer sitting at the doorway to the Augustinian Monastery, in Wittenberg, Germany, which became the home of Martin and Katie Luther. (Above) The Wartburg Castle, overlooking the town of Eisenach in Thuringia, Germany. Visits to each of these historic locations are planned stops on this exciting trip!

The Benevolence of Giving

Pillars of Philanthropy

On August 17, Wartburg hosted a Mary, Mother of Our Lord, Ecumenical Service of Remembrance celebrating the dedication of the Wartburg Chapel's Sacristy addition, tabernacle, Blessed Virgin Mary statue and the "Mary" garden on our historic park-like 34-acre campus in Mount Vernon, NY.

"Today's celebration is made possible by the benevolence of our donors. On behalf of Wartburg, I wish to extend a heartfelt thank you to all our donors for being the Pillars of Philanthropy upon which Wartburg continues to build a sustainable future and ensuring those entrusted to our care continue to live their best possible life," said Angela Ciminello, Wartburg Director of Development, at the festivities. "This tradition of giving has affirmed our mission to those we serve – continuing to provide high-quality, comprehensive services nurturing the renewal of body, mind and spirit."

The celebration was attended by over 120 individuals including Wartburg board of directors, benefactors, staff, residents, family members of current and past residents and members of the local community. The addition to the Wartburg Chapel was made possible through leadership bequests from Passavant Society members, Albert & Marie Spannagel and Arthur & Juanita Friedrichs, and a gift from United Lutheran Church (Mount



Angela Ciminello, Wartburg Director of Development, James Robertson, Marie Litwinka, and David Gentner, Wartburg President & CEO. James Robertson and Marie Litwinka are the grandson and daughter of Passavant Society members, Albert & Marie Spannagel.

Vernon, NY). The addition includes a new Sacristy in which vestments, sacred vessels and liturgical items will be kept, office space and two fully handicap-accessible restrooms. The tabernacle was donated by the Sisters of St. Francis of Hastings, NY.

The Wartburg Passavant Society, established in 1992, is named after our founder, the Rev. Dr. William A. Passavant. The society pays tribute to those who have named Wartburg in their estate plans.

Wartburg's Campus Beautification Campaign

As part of Wartburg's Campus Beautification Campaign, the statue of Mary was dedicated in memory of Maria Tapia-Belsito, Wartburg's former Director of Development until October 2013. The "Mary

Garden" has already become a special place of prayer and meditation for many of Wartburg's residents and families.

This ongoing campaign fulfills our mission to bring together nature and nurture, a vital part of the continuum of care that holds our community together. Wartburg's campus consists of numerous beautiful sitting gardens, offering residents, families and staff outdoor sanctuaries to enjoy.

Located within these sitting gardens, and throughout campus, are memorial buildings, rooms, trees, benches and bricks given as tributes to loved ones by Wartburg supporters, creating everlasting legacies that will be enjoyed for years to come.

Wartburg invites you to join the Passavant Society or participate in our Campus Beautification Campaign. Please contact Angela Ciminello at 914-513-5179 or aciminello@wartburg.org for details.

Our Mission

Wartburg provides ministries of healing and hope through comprehensive services which nurture body, mind and spirit.

Contact Us

Visit us at wartburg.org, or call **1-855-WARTBURG (927-8287)** to learn more about supporting Wartburg.

To opt out of future communications notify Wartburg HIPPA Privacy Officer.



The Wartburg Home of the
Evangelical Lutheran Church
One Wartburg Place
Mount Vernon, NY 10552



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Wartburg Honoring the Past

Second Annual Gala a Success: *2014 Jazz in June Gala*

Wartburg's second annual gala, Jazz in June: A Wartburg Celebration of Arts & Music, held on June 10 at Glen Island Harbour Club in New Rochelle, NY, raised nearly \$135,000 to support Wartburg's vital programs and services. Over 275 guests and 19 sponsors honored The Rev. Dr. Dale G. Gatz and Ms. Yvonne K. Gatz, Wartburg's former President and First Lady. Award-winning singer/songwriter/musician Kate Davis was the featured entertainer of the evening. Funds raised at the event will benefit Wartburg's innovative and premiere residential and health care services for seniors, including our internationally-acclaimed, award-winning Creative Aging & Lifelong Learning Program which offers arts-based activities to nurture body, mind and spirit.

Special Thanks to Our Sponsors

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Westchester County Department of
Senior Programs and Services



David Gentner, Wartburg President & CEO, honorees The Rev. Dr. Dale Gatz & Ms. Yvonne Gatz, and Edgar Myers, member of Wartburg board of directors.

Wartburg Celebrating the Present

JOIN US FOR

The Fall Festival at Wartburg

Saturday, October 11, 2014
10 am – 4 pm Rain or Shine
Music & Entertainment • Craft Vendors • Children's Activities • International Food Court • Community Information • Raffles
Everyone is invited!
Contact Rev. Carol Fryer at cfryer@wartburg.org or 914-513-5162 for details.

Wartburg Building the Future

SAVE THE DATE

2015 Jazz in June Gala

A Wartburg Celebration of Arts & Music

Thursday, June 18, 2015
Surf Club on the Sound
New Rochelle, NY
Contact Angela Ciminello at aciminello@wartburg.org or 914-513-5179 for details.

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